

You're invited!

Community Lung Health Fair

Friday, November 17th

1:00 pm - 6:00 pm

North Peace Cultural Centre
10015 100 Ave, Fort St. John



- ✓ Free quit smoking programs & services info
- ✓ Free flu shots for those at high risk
- ✓ Free lung health & breathing test screenings
- ✓ Tips on managing asthma, allergies and COPD
- ✓ Info on local air quality and health issues
- ✓ Stay fit tips for those with breathing problems
- ✓ Coffee and snacks and a chance to win prizes!

Call toll-free 1.800.665.5864 or visit lungsforlife.ca for more details.

quitnow 

**BRITISH COLUMBIA
LUNG ASSOCIATION**

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